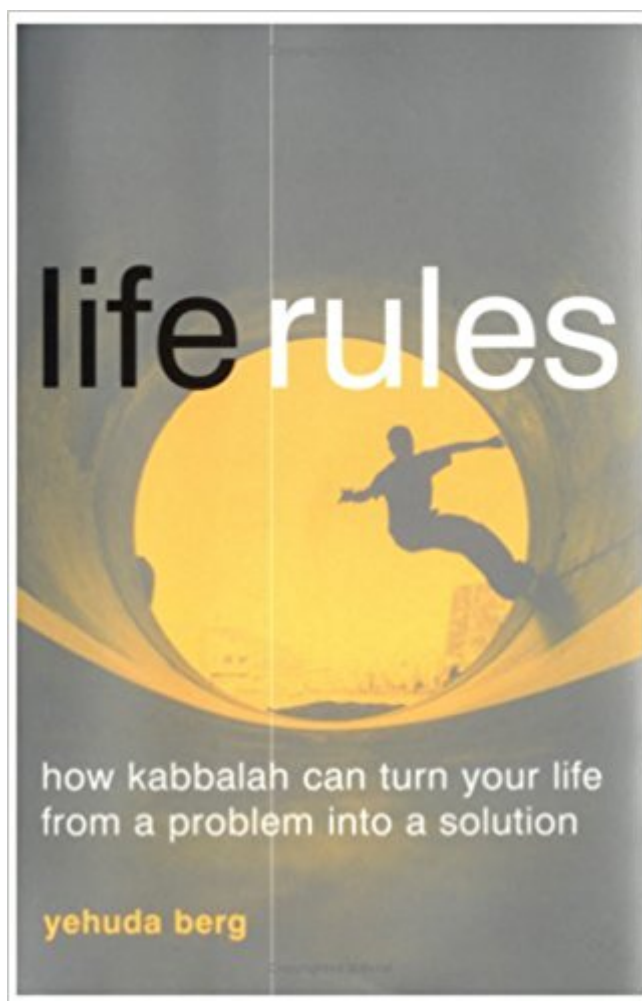


The book was found

Life Rules



Synopsis

The potent social, emotional, and material pressures of the teenage years make for a uniquely pivotal and stressful time. For young people negotiating this challenging part of life, *The Power of Kabbalah for Teens* offers a practical method for finding inner strength and sense of self through the wisdom of the Kabbalah, a Jewish mystical Scripture. Renowned Kabbalist Yehuda Berg guides readers through 13 steps that help teens to establish firm control of their own decisions and locate a path to the lasting happiness they seek. Each step is carefully explained with real-world examples, and every chapter closes with a detailed exercise encouraging the reader to apply the steps to their lives. A special section discusses issues related to alcohol, sex, abuse, eating disorders, education, family ties, dating, depression, rebellion, and friendship. The useful guide also features an introduction by Ashton Kutcher.

Book Information

Age Range: 12 and up

Paperback: 140 pages

Publisher: Kabbalah Publishing; 1st Printing edition (February 10, 2005)

Language: English

ISBN-10: 1571892990

ISBN-13: 978-1571892997

Product Dimensions: 8 x 5.3 x 0.8 inches

Shipping Weight: 11.2 ounces

Average Customer Review: 5.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #821,832 in Books (See Top 100 in Books) #33 in Books > Teens > Religion & Spirituality > Judaism #91 in Books > Teens > Personal Health > Body, Mind & Spirit #134 in Books > Children's Books > Religions > Judaism

Customer Reviews

I purchased this book for my 15 year old granddaughter. Upon arrival I realized it was too "wordy" for her. I read the book and loved/love it. I refer to it throughout my week.

I love this book! My father gave this to me a few years back and it was a great introduction into Kabbalah. It was very easy to understand and relate to as a teen. And occasionally I reread it just to keep things fresh in my brain

"I purchased this book for my 13 year old son to read. When it arrived I decided that I should read it first, just because I check everything out that affects his life to make sure it is something he needs to internally process. WOW, am I glad I did! This book is a wonderful, positive, powerful message for all the world to read. Since my family has read the book, we have loaned our copy to other family members with hopes of it bringing a change to their life. If you have never read or heard of these two words...Proactive and Reactive then they are something you must know about. They have the power to change your life and to change the lives of those around you!By the way, this is a PROACTIVE statement :) !!!"

[Download to continue reading...](#)

Navigation Rules: Rules of the Road, updated ed. Robert's Rules of Order Newly Revised In Brief, 2nd edition (Roberts Rules of Order in Brief) Robert's Rules of Order Newly Revised, deluxe 11th edition (Robert's Rules of Order (Hardcover)) Nautical Rules of the Road: The International and Inland Rules Chapman Navigation Rules: International - Inland (Chapman's Guide to the Rules of the Road) Bluebook 60 - Fastpitch Softball Rules - 2017: The Ultimate Guide to (NCAA - NFHS - USA Softball / ASA - USSSA) Fast Pitch Softball Rules 2017 Little League Softball® Official Regulations Playing Rules, and Operating Policies: Official Regulations, Playing Rules, and Policies For All Divisions Of Play Bluebook 60 - Fastpitch Softball Rules - 2016: The Ultimate Guide to (NCAA - NFHS - ASA - USSSA) Fast Pitch Softball Rules 2016 Little League® Softball Official Regulations Playing Rules, and Operating Policies: Official Regulations, Playing Rules, and Policies For All Divisions Of Play Blue Book 60 - Fast Pitch Softball Rules - 2015: The Ultimate Guide to (NCAA - NFHS - ASA - USSSA) Fast Pitch Softball Rules Three Jack Reacher Novellas (with bonus Jack Reacher's Rules): Deep Down, Second Son, High Heat, and Jack Reacher's Rules Community Rules: Making and Changing Rules and Law in Communities Content Rules: How to Create Killer Blogs, Podcasts, Videos, Ebooks, Webinars (and More) That Engage Customers and Ignite Your Business (New Rules Social Media Series) The Customer Rules: The 39 Essential Rules for Delivering Sensational Service How To Play Checkers - The Rules And Basics Of The Checkers Game! Learn The Checkers Rules And The Checkers Basics FCC Rules and Regulations (Fcc Rules and Regulations for the Amateur Radio Service) Who Rules the Earth?: How Social Rules Shape Our Planet and Our Lives Texas Rules of Court - Federal, 2014 ed. (Vol. II, Texas Court Rules) Texas Rules of Court - State, 2014 ed. (Vol. I, Texas Court Rules) The Law Governing Lawyers: Model Rules, Standards, Statutes, and State Lawyer Rules of Professional Conduct, 2017-2018 Edition (Supplements)

Contact Us

DMCA

Privacy

FAQ & Help